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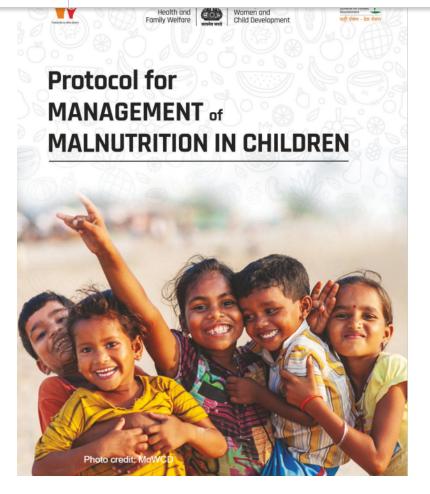
# SPECIAL EDITION

**Launch of Protocol for Community Based** Management of Malnutrition in Children

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#### Dear colleagues,

We are delighted to bring to you the 'Protocol for Management of Malnourished Children' along with the coverage of the launch event and resources for management of undernutrition among children. This important protocol constitutes a critical element of Mission Poshan 2.0 - India's multisectoral drive to promote survival, growth, and development of the most vulnerable children.

Identification of malnourished children and their care and treatment is an integral aspect of Mission Poshan 2.0. Until recently, treatment of children with severe wasting/SAM was provided through facility-based care in Nutrition Rehabilitation Centres (NRC), based on the guidelines from the Ministry of Health and Family Welfare. In this context, and in line with its commitment under Mission Poshan 2.0, for the first time, the Ministries of Women and Child Development and Health and Family Welfare have collaborated to jointly draft a standardised national 'Protocol for Management of Malnourished Children' ('Protocol') providing detailed steps for identification and management of malnourished children at the community level, including decision-making for referral, nutritional management and follow-up care. This joint protocol provides the policy as well as operational framework for addressing both severe and moderate forms of malnutrition in children.

severe and moderate nutritional risk:

- Step-1: Growth monitoring
- Step-2: Appetite test for SAM children
- Step-3: Medical assessment
- Step-4: Decide level of care
- Step-5: Nutritional management
- Step-6: Medical management
- Step-7: Nutrition, health education and counselling including WASH practices
- Step-8: Visit by AWW and referral
- Step-9: Duration of monitoring
- Step-10: Follow-up care

The Protocol has also introduced the concept of "Buddy mother" under which the mother of a healthy baby guides the mother of a malnourished child at an Anganwadi centre every week. Another landmark feature of this protocol is inclusion of management of infants below 6 months of age who are at risk of poor growth and development. Management and linking these infants with existing Home Based Newborn Care (HBNC), Home Based Care for Young Children (HBYC) and Facility based care for SAM (FSAM) programmes have also been recommended in the Protocol.

The Protocol builds on the existing systems India already has in place. Such 'Made in India' solutions contextualised to India's need have the potential to deliver for children. We congratulate Ministry of Women and Child Development and Ministry of Health and Family Welfare and hope that this will pave way for efficient and effective management of malnutrition among children in India and towards a bright future!

Kind regards,
Arjan De Wagt,
Chief, Nutrition Programme | UNICEF India

### Resources

- 1. <u>Protocol for Management of Malnutrition in Children</u>
- 2. SUPOSHIT BHARAT SASHAKT BHARAT | Launch event | 10th Oct, 2023
- 3. <u>National event for Launch of 'Protocol for Management of Malnutrition in Children'</u> (Press release)

- 1. <u>Operational Guidelines on Facility Based Management of Children with Severe</u>
  Acute Malnutrition
- 2. Facilitators' Guide: Facility Based Care of Severe Acute Malnutrition
- 3. CMAM Counselling Toolkit
- 4. Nutrition Rehabilitation Centre (NRC) Counselling Toolkit
- 5. Essential Nutrition Practices

## **Announcements**



Conference: Delivering for Nutrition in South Asia: Equity and Inclusion

Organiser: IFPRI

Registration for the "Delivering for Nutrition in South Asia: Equity and Inclusion" Conference is OPEN and it's FREE! Join us virtually or in person in Kathmandu, Nepal. Don't miss out!

http://bit.ly/D4N2023\_register

# Nutrition in the news

| Date       | News                                 | Source         |
|------------|--------------------------------------|----------------|
| 11.10.2023 | Norms to fight malnutrition released | The New Indian |
|            |                                      | Express        |

|            | children   India News  |                    |
|------------|--|--------------------|
| 11.10.2023 | Buddy Mothers' now part of government's protocol for management of malnutrition in children in Anganwadis      | The Times of India |
| 10.10.2023 | Centre launches protocol to manage malnutrition in children at Anganwadi                                       | The Hindu          |
| 10.10.2023 | Centre launches nationwide 'Protocol for  Management of Malnourished Children'                                 | The Deccan Herald  |
| 10.10.2023 | Women and Child Development Minister Smriti Irani launches Protocol for Management of Malnutrition in Children | newsonair.gov.in   |
| 9.10.2023  | Government drafts protocol for identification,  management of malnourished children at Anganwadi  level        | The Hindu          |
| 9.10.2023  | Union Minister Smriti Irani to launch Protocol for<br>Management of Malnutrition in Children                   | newsonair.gov.in   |
| 9.10.2023  | Smriti Irani to announce national 'Protocol for  Management of Malnourished Children' on Oct 10                | The Deccan Herald  |
| 9.10.2023  | Govt drafts protocol for identification, management of malnourished children at Anganwadi level                | The Print          |

# Link to previous issues

- 11.10.2023 <u>Poshan Sudha Yojana: The 'One Full Meal' scheme for maternal nutrition in Gujarat</u>
- 25.09.2023 Vocal for local: Regional diets of India
- 14.09.2023 Introducing Anemia Mukt Bharat e-Learning Training Module

• 01.08.2023 <u>WHO 2023 guidelines on use of non-sugar sweeteners, carbohydrates, fats and trans fats</u>

- 26.07.2023 Get to know how the government supports breastfeeding for working women in India.
- 12.07.2023 <u>IMPAct4Nutrition: Engaging with private sector to promote importance</u> of health and nutrition.
- 04.07.2023 <u>Promoting health, nutrition and wellness through joyful learning in</u> schools: Resources Available!
- 27.06.2023 <u>Enhancing eating habits among school-going children in India:</u>
  Resources Available!
- 20/06/2023 Telangana prioritizes nutrition and mental health for pregnant women

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Malnutrition (CoE-SAM) Network









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