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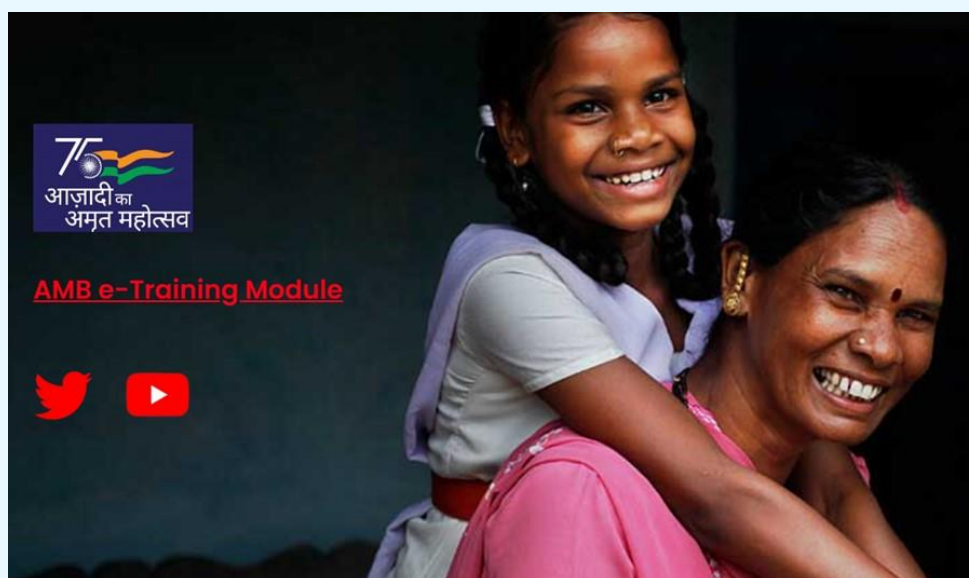
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Introducing Anemia Mukt Bharat e-Learning Training Module



@ Anemia Mukt Bharat

Dear colleagues,

Rashtriya Poshan Maah 2023 is being celebrated in September with the theme “*Suposhit Bharat, Sakshar Bharat Sashakt Bharat*” (well-nourished, literate and strong India) with a focus on:

- Exclusive breastfeeding and complementary feeding
- Swasth Balak Spardha (SBS)
- Poshan Bhi Padhai Bhi (PBPB)
- Improving nutrition through Mission LiFE
- Meri Mati Mera Desh (MMMD)
- Tribal focused nutrition sensitisation
- Test, Treat, Talk Anaemia.

We take this opportunity to introduce the e-learning toolkit and training module for effective implementation of the Anaemia Mukht Bharat programme. Anaemia is a global public health problem. As a reflection of the Government of India's commitment to reduce the prevalence of anaemia, the flagship Anaemia Mukht Bharat (AMB) programme was launched in 2018 by Ministry of Health and Family Welfare (MoHFW).

Released on 22 January 2022, the AMB training toolkit and e-learning modules are well-researched tools developed with technical support from the MoHFW and partner agencies which include AMB-PMU at MoHFW, ICMR-NIN, IEG, NCEAR-A, NCEARD, SBCC Tarang Hub - NCCDC and UNICEF. The contents cover knowledge as well as skills necessary for identifying, diagnosing, and treating anaemia and planning and budgeting of communication activities for behaviour change. These e-learning modules are available both in Hindi and English and comprise of six units.

We encourage you to share, enrol and complete the AMB e-learning courses and use this invaluable resource to contribute to the reduction of the prevalence of anaemia in India, for better health, nutrition and wellbeing outcomes.

Kind regards,

Arjan De Wagt,

Chief, Nutrition Programme | UNICEF India

Resources

1. [Anaemia Mukt Bharat website](#)
2. [AMB Operational Guidelines](#)
3. Complete package of Anaemia Mukt Bharat e-training modules in [English](#) and [Hindi](#)
4. [Presentation on e-learning AMB toolkit launch event](#)
5. [AMB Training Toolkit](#)
6. [AMB standardized PowerPoint presentation package in English and Hindi](#)
7. [AMB resources](#)

Additional resources

1. MoHFW Press Release: [Steps taken under Anemia Mukt Bharat \(AMB\) strategy](#)
2. WHO guidelines on [Accelerating anemia reduction: a comprehensive framework for action](#)
3. [Tracking anemia and its determinants from 2015-16 to 2019-21 \(IFPRI\)](#)
4. [Anemia Mukt Bharat Insights from Ranking of Key Performance Indicators, NFHS 2015–16 and NFHS 2019–21](#)
5. [The Lancet: New study reveals global anemia cases remain persistently high among women and children. Anemia rates decline for men](#)
6. [The Lancet: Anemia in pregnancy: a major global health problem](#)
7. [The Lancet: Prevalence, years lived with disability, and trends in anemia burden by severity and cause, 1990–2021: findings from the Global Burden of Disease Study 2021](#)
8. [National, regional, and global estimates of anemia by severity in women and children for 2000–19: a pooled analysis of population-representative data](#)
9. [Maternal anemia and the risk of postpartum haemorrhage: a cohort analysis of data from the WOMAN-2 trial](#)

Announcements

Maternal, Infant, Young Child and Adolescent Nutrition (MIYCAN) eLearning Course

The Indian Institute of Public Health Delhi (IIPH Delhi), the Public Health Foundation of India, in collaboration with Alive & Thrive and WeCan with contributions from Food, Drugs and Medico-Surgical Equipment Committee of FOGSI, Indian Academy of Pediatrics (IAP-IYCF Chapter), Indian Society of Perinatology and Reproductive Biology (ISOPARB), Human Milk Banking Association, Indian Association of Preventive and Social Medicine (IAPSM) and Nutrition International has developed an eLearning course on Maternal, Infant, Young Child and Adolescent nutrition (MIYCAN). This course would sensitize participants on the importance of first 1000 days of life with specific emphasis on the critical importance of maternal nutrition, breastfeeding, complementary feeding, adolescent nutrition, health systems protocols and evidence-based approaches for quality MIYCAN programming

Admissions open for October 2023 batch!
Last date to submit online application is **15th Sept 2023**.
Duration: 4 months
For more details or to submit online application, visit <https://cdl.phfi.org/portal/node/313>
For details, contact email: miycn_el@iiphd.org

Nutrition in the news

Date	News	Source
14.09.2023	MoU signed to improve food safety ecosystem in Assam	The Economic Times
14.09.2023	Healthy and delicious: India's regional food widens reach, appeal	The Business Standard
14.09.2023	Why millets matter	The Statesman
13.09.2023	Project Rise: Dawoodi Bohra community extends helping hand to fight malnutrition in Nandurbar	Indian Express

12.09.2023	Poshan Summit 2023: AAP leader Atishi talks about Nutrition Policy, intervention & malnutrition eradication	Jagran Media TV
11.09.2023	Indore records 56.28% hike In distribution of Take-Home Rations In August	Free Press Journal
11.09.2023	From Western disturbances to El Niño, climate change is affecting India's food security	The Hindu
10.09.2023	Members commit to global food security and nutrition for all	The Indian Express
07.09.2023	India's G20 leadership stood out for its human-centric approach	The Mint
07.09.2023	India's crèche scheme and the laws that govern childcare facilities Explained	The Hindu
07.09.2023	Bridging the malnutrition gap, the Bemetara way	The Hindu

[Link to previous issues](#)

- 07.08.2023 [JEEViKA: Women's collective-led social action for gender transformative action on nutrition](#)
 - 01.08.2023 [WHO 2023 guidelines on use of non-sugar sweeteners, carbohydrates, fats and trans fats](#)
 - 26.07.2023 [Get to know how the government supports breastfeeding for working women in India.](#)
 - 12.07.2023 [IMPAct4Nutrition: Engaging with private sector to promote importance of health and nutrition.](#)
 - 04.07.2023 [Promoting health, nutrition and wellness through joyful learning in schools: Resources Available!](#)
 - 27.06.2023 [Enhancing eating habits among school-going children in India: Resources Available!](#)
 - 20/06/2023 [Telangana prioritizes nutrition and mental health for pregnant women](#)
 - 05/06/2023: [Mid-year PoshanWeekly past issues 2022-2023 list now available!](#)
 - 26/05/2023: [Renewing focus on Maternal Nutrition in India – A complete webinar series](#)
 - 17/05/2023: [Unlocking new data insights from the NFHS for improved nutrition outcomes](#)
 - 04/05/2023: [State-wise guidelines for the prevention and management of severe wasting](#)
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[One-stop guide for nutrition resources](#)





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Scheme for Holistic
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**FOOD SAFETY AND STANDARDS
AUTHORITY OF INDIA**

Inspiring Trust, Assuring Safe & Nutritious Food
Ministry of Health and Family Welfare, Government of India



#StopChildMalnutritionIndia

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